



Guilford Cup

SHYC – GYC Interclub racing.
Sailing Instructions
Summer 2011



1. **RULES** Races shall be governed by the Racing Rules of Sailing except as modified by these instructions.

2. **ENTRIES** Any cruising sail vessel with a LOA of 25 feet or more, a PHRF certificate on file with the Eastern Connecticut Sailing Association, monohull that has a galley, sleeping berths and is self supporting for a weekend cruise, that is enrolled in the SHYC or GYC fleet list and is skippered by an active member of the GYC or SHYC may enter this competition. Only boats with a current year PHRF certificate with ECSA shall be scored for placement of the Guilford Cup or awards for the season. For each race all boats must, upon reaching the start area, check in with the race committee (RC) boat by hailing or VHF radio. Entrants should give boat name and skipper name upon checking in.

The ECSA can be easily joined at <http://ecsa.net/phrf/PHRFApplication> for a \$35 fee.

Boats have until July 15th to register with the ECSA.

3. **THE COURSES and MARKS.** The start will generally be in the vicinity of R N “16” off of Vineyard PT. Courses will normally be windward leeward, but may be changed at the Race Committee’s (RC) discretion. Courses will be announced over VHF channel 72. Courses may also be hailed at the race committee’s discretion. Marks of the course will include government marks, and/or race committee (SHYC, GYC) temporary marks. All Government marks not designated as turning mark of the course must be passed on the normal, channel side, and shall be deemed marks of the course.

Table 1 - Marks

GYC/SHYC Race Series Mark Name	Latitude Longitude	USCG Light List Name	Light List Number
R 16	41° 14' 24" N 072° 41' 05" W	Indian Reef Southwest Buoy 16	21595
R 4	41° 15' 02" N 072° 39' 13" W	Guilford Harbor Lighted Bell Buoy 4	23715
G 15	41° 13' 23" N 072° 39' 15" W	Falkner Island Reef Lighted Gong Buoy 15	21590
R 20	41° 14' 20" N 072° 42' 19" W	Chimney Corner Reef Buoy 20	21600
Floater	41° 13' 06" N 072° 42' 00" W	SHYC/GYC Wed Night Race Series Temporary Mark	N/A

Table 2 – Courses

Course Number	Marks	Course	Distance	Overall Distance
C01	R16 to G15	141° mag/126° True	1.7 nm	1.7 nm
C02	R16 to R4	080° mag/066° True	1.5 nm	1.5 nm
C03	R16 to Floater	222° mag/208° True	1.5 nm	1.5 nm
C04	R16 to R20	280° mag/266° True	0.9 nm	0.9 nm
C05	R16 to G15 G15 to R16	141° mag/126° True 321° mag/306° True	1.7 nm 1.7 nm	2.4 nm
C06	R16 to R4 R4 to R16	080° mag/066° True 260° mag/246° True	1.5 nm 1.5 nm	3.1 nm
C07	R16 to Floater Floater to R16	222° mag/208° True 042° mag/028° True	1.5 nm 1.5 nm	2.9 nm
C08	R16 to R20 R20 to R16	280° mag/266° True 100° mag/086° True	0.9 nm 0.9 nm	1.9 nm
C09	R16 to Floater Floater to G15 G15 to R16	222° mag/208° True 096° mag/082° True 321° mag/306° True	1.5 nm 2.1 nm 1.7 nm	5.3 nm
C10	R16 to R4 R4 to G15 G15 to R16	080° mag/066° True 195° mag/181° True 321° mag/306° True	1.5 nm 1.6 nm 1.7 nm	4.9 nm
C11	R16 to R 20 R20 to G15 G15 to R16	280° mag/266° True 126° mag/112° True 321° mag/306° True	0.9 nm 2.5 nm 1.7 nm	5.2 nm
C12	R16 to Floater Floater to R20 R20 to R16	222° mag/208° True 003° mag/349° True 100° mag/086° True	1.5 nm 1.3 nm 0.9 nm	3.7 nm

4. THE START

4.1 RRS rule 26 will be used, preceded by an alert signal. Rule 26 is a 5-minute sequence. See Rule 26.

4.2 The alert will consist of three to five short blasts on air horn. The time period between the alert and the Warning will be APPROXIMATELY ten seconds.

4.3 The starting line is between the race's designated starting mark (normally R N "16") and the orange flag on the committee boat. If the committee boat has no flag use the highest point on the boat.

4.4 Before the first few races of the season the RC may elect to have a practice start before the official race. These will be announced over the VHF.

5. COURSE CHANGES - A race may be shortened or finished at any mark.

6. FINISH The finish location will be announced by the RC for every race, but will normally be between the Committee Boat the starting mark.

7. RECALLS

7.1 Individual recall will be signaled by the “X” flag and one long blast on air horn. The RC will endeavor to announce boats over early on the VHF, however it is the skipper’s responsibility to make a proper start, regardless of being notified or not by the RC for being over early.

7.2 General recall will be signaled by the “1st substitute” flag and three long blasts on the air horn. This supercedes RRS 29.2. Additionally, the RC will endeavor to make a VHF announcement.

7.3 The RC may note boats over the line at the start as OCS, and they will be scored accordingly.

8. NON-SPINNAKER All Wednesday Night racing will be non-spinnaker. This shall be in accordance with ESCA regulations for non-spinnaker. Any vessel using a spinnaker or other sails not allowed under non-spinnaker ratings for any part of these races will be disqualified. Spinnakers can be used during the SHYC Summer Series Races, the overnight race, and the race on Sunday August 21st. A skipper must, for the races where a spinnaker shall be allowed, notify the race committee of intent to sail spinnaker, and must give the committee boat their spinnaker rating. In races that allow spinnaker use, any sail inventory used beyond that allowed under non-spinnaker shall be considered and scored with spinnaker rating.

9. PROTESTS / MARK INFRINGEMENT. Protests will **not** be heard by the Race Committee. This supersedes rule 60.1. If you need to absolve yourself of a penalty take two turns (do a 720 turn). In the words of Buddy Melges, “Don’t get yourself in a position where you have to protest.” A boat that has touched a mark shall get clear of the course and take a one turn penalty (a 360 turn). In both cases the boat doing penalty turns should stay clear of other competitors, as she will have no rights during the turns. All disputes shall be settled on the water.

10. SCORING

10.1 Wednesday Night Series.

Wednesday Night Series races will be scheduled at 18:00 hours from June 29th through August 31st. Scores will be determined using RRS low point scoring system for the Wednesday night series.

10.2 The Guilford Cup.

This competition includes the Wednesday night races, an overnight race (Start 18:00 Sat July 23rd), the SHYC Summer Series races, and a mid-distance race Sunday Aug. 21st – start time 11:00. The Guilford Cup will go to the club with the top four boats using the High Point Scoring System as defined below.

SHYC Summer Series Races

The SHYC has extended special invitation to GYC vessels to sail in the SHYC Summer Series Races, to be scored as part of the Guilford Cup. There are two Summer Series Races. Saturday July 2nd, and Saturday

September 3rd (Start 13:00 @ SHYC). GYC members are invited to participate in the SHYC Summer Series races, but will be scored separately as part of the best boat overall and the Guilford Cup competition as stated above. The SHYC summer series races will use different courses than those described above, and these will be displayed on the committee boat or announced on channel 72 prior to the race.

Overnight, Mid- Distance Race

A mid-distance overnight race has been proposed for Saturday July 23rd. (Start 18:00 @ RN16.) The course will be announced on channel 72 prior to the race.

Mid Distance Race 2.

An additional mid-distance race is scheduled for Sunday, Aug. 21st. Start time at 11:00 am., course to be announced on channel 72 prior to the race.

10.3 Best Boat Overall

The best boat overall will be awarded to the boat with the best overall score in the Guilford Cup competition.

10.4 Scores determined by the Race Committee

A boat that did not start, comply with rule 30.2 or 30.3, or finish, or retires after finishing shall be scored accordingly by the RC. The RC may score a boat as disqualified if the RC directly observes that a boat has committed a gross breach of a rule under the RRS and did not absolve herself, did not properly sail the prescribed course or breached item 8 listed in these SIs. The RC shall endeavor to hail and/or inform a boat of intent to score her DSQ.

10.5 High Point Percentage Scoring System

10.5.1 RACE SCORES

Define 'N' to be the number of boats that compete in a particular race. Each boat finishing that race and not thereafter retiring or being disqualified will be scored as follows:

Finishing place	Score
First	N
Second	N-1
Third	N-2
Fourth	N-3
And so on	

All other boats that compete in that race, including any that finish and thereafter retire or are disqualified, will score 0 points. Boats that do not compete in that race (DNC) will not be scored.

10.5.2 SERIES SCORES

Only qualifying boats shall be scored for the series scores. The series score for each boat will be the sum of her race scores. The club with the highest combined score for its top four boats for the series shall win the Guilford Cup.

10.6 Time on time scoring method will be used for all scoring, unless notice is otherwise given prior to the start of a race.

11. AWARDS / TECHNICAL RACE DISCUSSIONS

11.1 Trophies and other awards will be presented at an awards ceremony, date to be determined.

11.2 BYOB TRDs will be encouraged after every race at a time and pace to be determined.

12. COMMUNICATION

12.1 The race committee boat will use channel 72 for communication with boats, or may raise the “L” (hailing) flag to have boats come within hailing distance to hail instructions.

13. TIME LIMIT

13.1 There will be a time limit for each race of 2 ½ hours from the start of the race – or earlier if notified by the RC prior to warning signal. If no competitor finishes within the time limit, the race will be abandoned by the RC.

14. DISCLAIMER OF LIABILITY

14.1 All competitors participate in the races and series entirely at their own risk. See rule 4, decision to race. The organizing authorities, their officers, race committee members or general members will not accept any liability for material damage, personal injury or death sustained in conjunction with, or prior to, during or after the races or series.

The safety of a yacht and her crew is the sole responsibility of the owner or skipper, who must do his or her best to insure that the yacht is fully sound, thoroughly seaworthy and managed by an experienced crew who is physically fit. He or she must insure that all safety equipment is properly maintained and stowed, and that the crew knows where it is kept and how it should be used.

A safety briefing should be held prior to the race and should include, as a minimum, location and operation of safety equipment and crew overboard procedures.

15. Not to Scale rendering of Sailing Area.

The image below has been sized manually in a manner that makes it useless for navigation. It is not to scale. It is provided here to give a quick visual reference of the general locations of the marks. **DO NOT USE IT FOR NAVIGATION.**

